

## Newsletter

#### Al-Nakba Day

In

May









May 2016

#### **Special Interest News:**

- Beit Atfal Assumoud
- Family HappinessProject
- Peer Education & Reproductive Health
- Remedial & VT
- Kindergarten
- Special Needs & Comics
- Scouts & Music
- Dental Clinic & Pediatric
- Psychosocial Support
- FGC
- Visitors
- Occasions

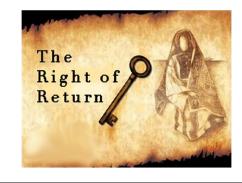
Beit Atfal Assumoud newsletter is published monthly by the National Institution of social Care and Vocational Training. Each letter is issued to circulate information about the work and activities of the institution and its centers over the course of the month. We have been working on providing services for Palestinian refugees living in the camps of Lebanon for 39 years.

### About Beit Atfal Assumoud

Beit Atfal Assumoud is a national, humanitarian and secular nonprofit organization that aims to contribute to the development of the Palestinian community in Lebanon through services addressing the needs of the families, and through various gender-balanced projects empowering the potentials and skills of the children, youth, women and parents or guardians.

Nakba Day "Day of the Catastrophe" is generally commemorated on 15 May. It is an annual day of commemoration of the displacement of Palestinians from Palestine in 1948.







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### Family Happiness Project

Positive support plays an important role in one's ability to make healthier choices. Support means being able to access people that a person can rely upon if needed.

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The support of family during a crisis has long been seen to have a positive emotional effect on people. However, this support also has a physical benefit as well. During stressful times, people tend to experience higher blood pressure and heart rates. However, the presence of family members has been shown to reduce these rates among people during difficult periods.

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Within the monthly meetings, BAS Bouri El-Baraineh center organized a session for the mothers about First Aid which was given by the social worker Waela Al-Oweity from Doctors without Borders on the 3rd of May 2016.

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Within the cooperation of Reproductive Health and Family Happiness Project, BAS Bouri Al-Shamali center organized a session about "Cancer and Infertility" which was given by the midwife Rima Bandar on Monday 9th of May 2016.



# Peer Education & Reproductive Health



Peer education has become an increasingly popular way of carrying out health promotion work with young people at BAS.

Awareness sessions are still continuing in BAS centers, to spread awareness among the Palestinian community.

BAS Naher El-Bared organized an awareness session on the 9th of May 2016 under the title Physiological Reproductive Health which was given by the specialist Marie Makdessi in the presence of 25 women. At the end of the session questionnaires about required needs to improve the family relations were filled by the participants.



#### Remedial & Vocational Training

#### Remedial

A meeting for the mothers was organized to discuss the workflow of preparation for the final exams and how to deal with their children.

Within the green project, the remedial student reused the Milk cans and plastic bottles then paint it and planted the seedlings in, they also wrote on the walls as a decoration: Dream, Peace, Love and Music on Tuesday 24th of May 2016 at BAS Bouri El-Baraineh center.

Moreover trips organized for the remedial children to entertain and learn more about different things such as an exploratory and scientific Picnic to the Dinosaurs city.

#### **Vocational Training**

BAS Naher El-Bared celebrated the graduation of 54 students at the vocational training (cellular maintenance, plumbs, computer and English), where Mr. Abdullah Barake talked about the importance of having a job to earn an income and have a stable life and that the students should continue their trainings after graduation to gain more experience.



#### Kindergartens



On the 7th of May, a play of Lilly and the wolf was performed for 72 children from BAS and Ghassan Kanafani Kindergartens at BAS Naher El-Bared center. Then the children were divided into groups to express what they have seen through art and drawing activities.





In the occasion of Vaccination Day, the KG2 children, from BAS Baddawi Kindergarten participated an educational activity organized by UNRWA in coordination with Right to Play NGO on the 10th of May 2016. The activity had a positive impact in demonstrating the importance of vaccination to maintain the healthy.





Within the childhood program donated by the welfare and the networking between BAS and Ghassan Kanafani Kindergartens, LES AMIS DES MARIONNETTES presented a play about the Gold Tree at BAS stage at Al-Rashidieh center for 130 children on Thursday 19th of May 2016.



BAS kindergartens teachers attended a series of training sessions in Saint Joseph University in Beirut which is sponsored by "The Welfare Association" aiming to train kindergartens' teachers in different camps on developing their teaching abilities improving their knowledge's skills. The teachers who attended the project this scholar year and last years participated in the ceremony that took place in Saida Rest House on Friday 27th of May 2016.



#### Special Needs & Comics



On 23rd and 30th of May 2016, Ms. Jamal Abo Saleh organized different activities for the girls with special needs at BAS Bouri El-Baraineh center about making bracelets from threads and beads, drawing of girls' dreams, cards for Ramadan and writing stories.



She also organized a meeting for the supervisors within the comics' activity on Monday 27th of May 2016. Then they evaluated the previous quarter and put some observations for the summer. At the end of the meeting Ms. Jamal thanked the supervisors and children for their interest and cooperation and their drawings at Mental Health Conference.





#### Distribution:

In the last week of April, BAS Baalbeck center distributed food parcels for the PRS in Al-Jaleel camp, Al-Masbah and Baalbeck city in coordination with CCP-Japan. The number of parcels was 700.





#### Scout & Music





Within BAS Scouts activities in Bouri Al-Shamali, a training course has been organized for exchanging the experiences between the leaders and assistants on Sunday 1st of May 2016.

BAS centers trained the children in the music program, in May 201, in preparation for the concert of Al-Nakba commemoration and the 40th anniversary of NISCUT.

Norwegian students from Musical Academy in Norway, accompanied Mr. Viger Story and Mr. Austin Johansson in their visit to BAS Al-Rashidieh center on the 6th and 8th of May 2016. The aim of this visit was to inform the student about the activities and services in the center specially the music program. They participated in the musical activities with the trainers and children and prepared for the concert that will be held at UNISCO Palace on 13th of May in the occasion of Alfortieth Nakba commemoration and anniversary of NISCUT.



#### Dental Clinics & Pediatric



Italian delegation visited the dental clinic at BAS Bouri Al-Shamali with the coordinator of BAS dental clinics Dr., Fayzah Al-Masri.

The delegation toured in the sections of the center and in Bouri Al-Shamali camp on Thursday 19th of May 2016.

BAS centers (Bouri El-Baraineh, Shatila, Ein El-Hilwe and Baalbeck) organized a workshop for the pregnant mothers, in coordination with CCP Japan, about gum and teeth which was given by Dr. Faizah Al-Masri in the presence of 40 mothers on 26th of May 2016.



Two dentists volunteers, from COI (Cooperation Odontoiatrica internationals, Gave three days' workshop about Management of Infection Control in the dental Clinic on 21st and 28th of May. Seven Palestinian dentists from BAS participated on this workshop.

#### Ped atrics

409 children received treatments by the pediatrician Dr. Sameh Jaber in the pediatric clinic of BAS in Nahr El Bared center.

On May 3rd, 13 mothers had the chance to attend a session about Personal Hygiene. From another side 15 mothers attended a session about nutrition for children on the 19th of May 2016. The sessions were given by Ms. Loubna A. Rahim.

#### Psycho-social Support

Psychosocial support builds internal and external resources for children and their families to cope with adversity. It supports families to provide for children's physical, economic, educational, health and social needs. Psychosocial support also helps build resilience in children.

BAS centers organized awareness sessions for the mothers and youth about different topics. While the children enjoyed different indoor and outdoor activities within the program.

#### Family Guidance center - FGC

PGC is dedicated to strengthening families through partnership with families, organizations, and communities and through the provision of an accessible comprehensive system of coordination programs and services designed to enable people of all ages to envision and achieve their goals.

In May, FGC discussed and evaluated the cases of the center, followed-up and assessed the conference, discussed the work plan for the next phase, annual leaves and discussed how to take advantage of Portage Project for the children who need follow-up.



#### **Visitors**



Sirkku Kivisto accompanied by Maija Tokola and Saara Haapanen visited the Bourj El-Barajneh center to know more about our center activities and projects on Thursday, May 12th, 2016.



A German delegation from our partner association Fluchtlingskinder visited BAS centers on Monday in the camps on the 16th, 18th and 22nd of May 2016 to learn about BAS services, and then they had the chance to make a tour inside the camps and visited some PRS families. In addition to that some of the delegation members are sponsors within the Family Happiness project and they were so glad to meet their sponsored children.

#### Occasions

In the occasion of Labor Day, BAS Beirut centers trips to different places on the 1st and 2nd of May 2016.



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For commemorating the Nakba day, a group of mothers from Mar Elias center decorated keys of return under the supervision of the Art coordinator Mrs. Jamal Abu Saleh on May 12th, 2015. Each mother wrote the name of her village on her decorated key.



BAS Baalbeck center organized many activities with the children that included drawings and a slide show of a film about the Palestinian towns and villages on the 14th of May 2016 in the presence of 90 participants.



By an invitation from Lebanese Green Crescent for the Institutions in Bourj Al-Barajneh Camp, a visit to the Lebanese-Palestine borders in Maroun El-Rass has been organized on Sunday 15th of May 2016.



## congratulations





On the 13 and 14 of May 2016 and in presence of Ms. Anne Jorem . Charge d'Affaires at the Norwegian embassy in Beirut representing the ambassador her excellency Ms.Anne Lind, and and Ms. Miriam Azar. Advisor for Development Cooperation and the Finnish embassy in Beirut representing the Charge d'Affaires Mr.Matti Lassilla. National Institution of Social Care and Uocational Training organized its 10th annual conference on Mental Health entitled: "Being Palestinian: Human Rights, Identity and Mental Health"in close cooperation with the Family Guidance Centers.

Various local and international NGOs and associations were present beside representatives from the civil society and B.A.S partners and members.

The 10th annual conference commemorated the 40th anniversary of Beit Atfal Assumoud and coincided with 20 years of launching services at the Family Guidance Center in Beirut. The conference ended by Palestinian Folkloric musical evening, where the children from all BAS centers. performed dances, songs and plays,



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