

Newsletter

## April With BAS Angels







Beit Atfal Assumoud newsletter is published monthly by the National Institution of social Care and Vocational Training. Each letter is issued to circulate information about the work and activities of the institution and its centers over the course of the month. We have been working on providing services for Palestinian refugees living in the camps of Lebanon for 39 years.

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#### **Special Interest News:**

- Beit Atfal
  Assumoud
- Family Happiness
  Project
- Peer Education & Reproductive Health
- Psychosocial
  Support
- Kindergarten
- Remedial & VT
- Dental Clinic & Pediatric

## About Beit Atfal Assumoud

Beit Atfal Assumoud is a national, humanitarian and secular nonprofit organization that aims to contribute to the development of the Talestinian community in Lebanon through services addressing the needs of the families, and through various gender-balanced projects empowering the potentials and skills of the children, youth, women and parents or guardians.

Children are the angels of our life, with them days become more pleasant. From us they need love and care to fulfill the essential requirements to become healthy and independent adults.



Contact BAS at: Phone: 00961-1-859 076 00961-3-233 073

Fax: 00961-1-859 071 Email: NISCVT@socialcare.org Website: <u>www.socialcare.org</u> Fb: BeitAtfalAssumoud P.O.Box: 13/5621 Chouran Beirut 1102-2060-Lebanon Within the family Happiness Project, awareness sessions usually organized at BAS centers under different titles. The mothers involved in the FHP are still participating in the monthly meetings. This program has been always the main element of care giving for the whole family providing a margin of protection and guidance for the children and their parents.





On Wednesday 20th of April 2016, BAS Al-Rashidieh center organized a session for the mothers about Social Lifestyle which was given by Mrs. Chahinaz Kahwaji who defined behavior and its traditional qualities with some tips on principles for social visits and conversation method.

# Peer Education & Reproductive

Health

### **Peer Education**

The recruited peer educators are trained in relevant health information and communication skills. Armed with these skills, the peer educators then engage their peers in conversations about the issue of concern, seeking to promote health-enhancing knowledge and skills.



Within the PE program, April sessions were full of Rich topics in BAS centers during the month, in which peer educators gave sessions about:

- Conflict Resolution for the youth at Maido & Al-Jaleel clubs on the 8th of April and about Anger Management on the 15th.
- On the 15th of April, a session tackling the problem of bullying at BAS Baalbeck center, stress management for the youth and adolescence at NB center and Gender at both Baalbeck center and Al-Rashidieh centers.
- In addition BAS Rashidieh center organized a session for the youth about communication at Al-Ghad center on the 25th of April 2016.

## **Reproductive Health**

BAS social workers who are involved in the reproductive health project gave different awareness sessions for youth, and mothers about different important topics. The sessions tackled topics that increase their awareness on certain diseases and related problems. These were part of the reproductive health project, beside other clinical activities that are carried monthly.

Within the Reproductive Health project, April was full of sessions organized at BAS centers, guiding the mothers to improve their livelihood through good house management and reasonable budget. Other sessions were about communication, its elements and obstacles and how to build strong connections. Other sessions discussed the sexually transmitted, its causes, symptoms and complications that were given by the specialist Mrs. Marie Makdessi.

In addition that awareness session organized about: Drugs and its risks on the society, Contraceptives and women's infections and its prevention, plus gender issues.

A delegation from MAP London's office and the director of Reproductive Health project Mrs. Hanan Al-Masri, visited BAS Bourj Al-Shamali center on 20th of April 2016 during which the visitors attended an awareness session about Gender within the Peer Education, learned about center's activities and interviewed a girl peer leader.





### **Psychosocial Support**

A child's right to participate in everyday life, and the need to provide occupational and psychological support both for the child and the family, are our most important activities, in the effort that is being made to ensure the quality of life of the sick child and family.

Through a series of programs that are already in progress we support the children and try to reactivate them, to make them regain their lost interest in life.

A session has been organized at BAS Bouri El-Baraineh center about Anxiety given by the psychologist Mohammad Orabi on 5/4/2016.



On the 5th of April 2016, Mr. Nazih Yacoub, the Palestinian Programme Officer from UNICEF with Mr. Mahmoud from MAP visited BAS center for the Psychosocial Program at Naher El-Bared, where they attended an activity for the children with a discussion about the effectiveness of the project on the children and families and the most important achievements, challenges and how to develop the performance of employees with some suggestions to develop the project.

A session was given for some mothers about learning difficulties in BAS Bourj El-Baraineh kindergarten which was given by the Psychologist Mrs. Myriam Deem from IECD (Institut Europeen de Cooperation et de Developpement) on 13th of April 2016.



### **Psychosocial Support**

Within the Psychosocial Support Program, the Palestinian Programme Officer Mr. Nazih Yacoub at UNICEF visited BAS Rashidieh center on 28th of April 2016. Then he visited UNRWA clinic accompanied by Mr. Mahmoud Zeidan (the director of BAS Rashidieh center)

Naher El-Bared center). In addition, Mr. Yacoub had the chance to know more about the other activities and services of BAS Rashidieh center. After that, a meeting was organized between Mr. Mahmoud Zeidan, Mr. Nazih Yacoub, Mr. Massimo (MAP coordinator) and Mrs. Esraa El-Daher (the coordinator of the project in BAS). This meeting aimed at discussing the workflow of this program and some suggestions for the next stage.

BAS Al-Buss center organized an entertainment trip to the public park in Tyre where different activities were organized in the presence of 135 children from Al-Buss camp, Jal Al-Bahar and Al-Qasmieh gatherings on 29/4/2016.

BAS Al-Rashidieh, Al-Buss and Bouri Al-Shamali organized a recreational activity with the participation of some children and mothers through educational games were played about woman's right, donated by UNICEF & MAP. At the end of the activity symbolic gifts were distributed for the children and mothers, on 28, 29 & 30 March 2016.







## Kindergarten

Kindergarten introduces young children to a school environment. It teaches them to sit and listen, to obey teachers, and to cooperate with fellow students. These skills help kindergartners to adjust more quickly to elementary school. Kindergartners children begin to feel comfortable in the classroom so that, by first grade, they are acclimated to the school setting and prepared to focus on learning. Kindergarten learning also lays the groundwork for learning in later grades.

Within the networking between kindergartens (BAS. Ghassan Kanafani, Naba'ah, Maen Bseiso and Salah Khalaf – kindergartens of General Union of Palestinian Women) at Al-Rashidieh camp, an activity was organized which included a puppet show at BAS stage about healthy food, and clay handicraft with pottery at Ghassan Kanafani decoration center, on Tuesday 19th of April 2016.

BAS Baddawi kindergarten, in coordination with Ghassan Kanafani and Al-Najdah Association's kindergartens, organized a visit to a pottery factory then to Al-Mina garden, in which 90 children were participated on 21st of April 2016.





### Kindergarten





In April 2016, BAS centers distributed gifts from Japan to 76 kindergartens in the camps. Photos were displayed about the source of the gifts and the way of collecting them by the Japanese children then sent to the Palestinian children who thanked the Japanese people and children.







### **Remedial & Vocational Training**

Remedial education is signed to assist students in order to achieve expected competencies in core academic skills such as literacy and numeracy. It also can be designed for any students, with or without special needs; the defining trait is simply that they have reached a point of under preparedness, regardless of why. For example, even people of high intelligence can be underprepared if their education was disrupted, for example, by displacement during civil disorder or a war.



BAS center finished the spring vacation activities with trips for the students to encourage and motivate them for studying for the final exams at their schools. The trips were full of entertainment activities for the children in which they had the chance to release their psychological pressure that they live inside the camps.

BAS Naher El-Bared center organized a trip to Al-Mina in Tripoli and to King Fahed Park were 30 children participated. And BAS Bouri Al-Baraineh organized a trip to Deir Ta'nayel in Begaa for Al-Amlieh Students then they went to have lunch at Shams restaurant in Anjar on 16th of April 2016. While the trip of BAS Rashidieh center was to the amusement park in Tyre in the

On 7th of April 2016, BAS Naher El-Bared organized an entertainment trip for 36 vocational training students to Moussa River. During that they enjoyed different activities such as football and swimming. After lunch they discussed the importance of looking for jobs.



## **Dental Clinics & Pediatric**

# DENTAL CLINIC

Regular dental visits are essential for the maintenance of healthy teeth and gums. And in between those examinations, it's important that we work to keep our children's teeth and gums clean and healthy. If they need additional help, our dentists may even suggest more frequent visits.







447 children received treatments by the pediatrician Dr. Sameh Jaber in the pediatric clinic of BAS in Nahr El Bared center.

On April 5<sup>th</sup>, 14 mothers had the chance to attend a session about Random Drugs Usage and its complications. From another side 12 mothers attended a session about nutrition for children on the 18<sup>th</sup> of April 2016. The sessions were given by Ms. Loubna A. Rahim.

### **Family Guidance Center**

Many children with mental problems visit our centers to get the required treatment by specialists.

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Upon the request of the mothers' committee at FGC Saida, Ms. Jamal Abo Saleh organized a workshop on Monday 25th of April 2016 to teach them how to make ceramic paste, and how to make Palestine's map and flowers from ceramic. 15 mothers also attended a workshop with Mrs. Houria Shabayta (volunteer in the center) and two other girls where they had a lot of fun and singing.

In the occasion of "World Autism Awareness Day", FGC Al-Buss center in coordination with the Handicap International and the Welfare Association, organized many activities to raise the awareness in the society about Autism in addition to demand the rights for autistic children.

### **MUSIC:**

Within the musical activities at BAS centers, April was full of work and preparations for the concert that will be held at UNESCO Palace on 13th of May in the occasion of Al-Nakba commemoration and the 40<sup>th</sup> anniversary of NISCUT.



### **Distributions**

In the second week of April 2016, BAS Baalbeck center distributed fuel for the 4th time, donated by CCP-Japan, for the PRS who are living in Al-Jaleel camp, Baalbeck and Al-Masbah. Food parcels were also distributed for 700 PRS families in Al-Jaleel camp, Al-Masbah and Baalbeck city in coordination with CCP-Japan.





**Sports and Scouts** 



BAS sports club organized a football contests for the whole month, in the occasion of Land's Day, where 16 Palestinian and Lebanese teams participated from Naher El-Bared and Akkar clubs. The games played in Wadi Jamous municipality playground in the presence of families and fans from Akkar. On Sunday 17th of April 2016 the final game was between Aiyal Palestine team from Naher El-Bared and Wadi Jamous from Akkar where the Aiyal team won the match. Cups, medals and gifts were distributed by Mr. Abdullah Barake the director of BAS Naher El-Bared center and he was keen to organize future contests like that to strengthen the relation between Palestinian and Lebanese youth.

Within Palestinian National Scout -Assumoud - Bouri Al-Shamali organized a trip to Horsh Joun and Saida Amusement Park on Sunday 24th of April 2016.





NISCUT was nominated as a secretary by the Association of Social Work at the association of Arab Universities.

